



# Discover China

## 11 day trip for Martha

Experience China in a way very few ever do. This trip takes you to discover not only the traditional areas of China, but guides you off the beaten path where you can see how people outside the major tourist areas really live. All along the way, you'll be accompanied by a professional local guide who knows and understands the local communities, and will allow you to come closer to the people you interact with along your journey.

The goal of the trip is understanding. Whether it be the people in a major city or a tiny village, you'll come to understand the diversity and lifestyle that has made China such a complex and incredible adventure. Pack your bags and grab your camera if you are ready for the experience of a lifetime.

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## Highlights



Great Wall and Forbidden City



Experience local culture outside of the big cities



Ascend via cabal car to a 4800 meter glacier

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# Includes and Excludes

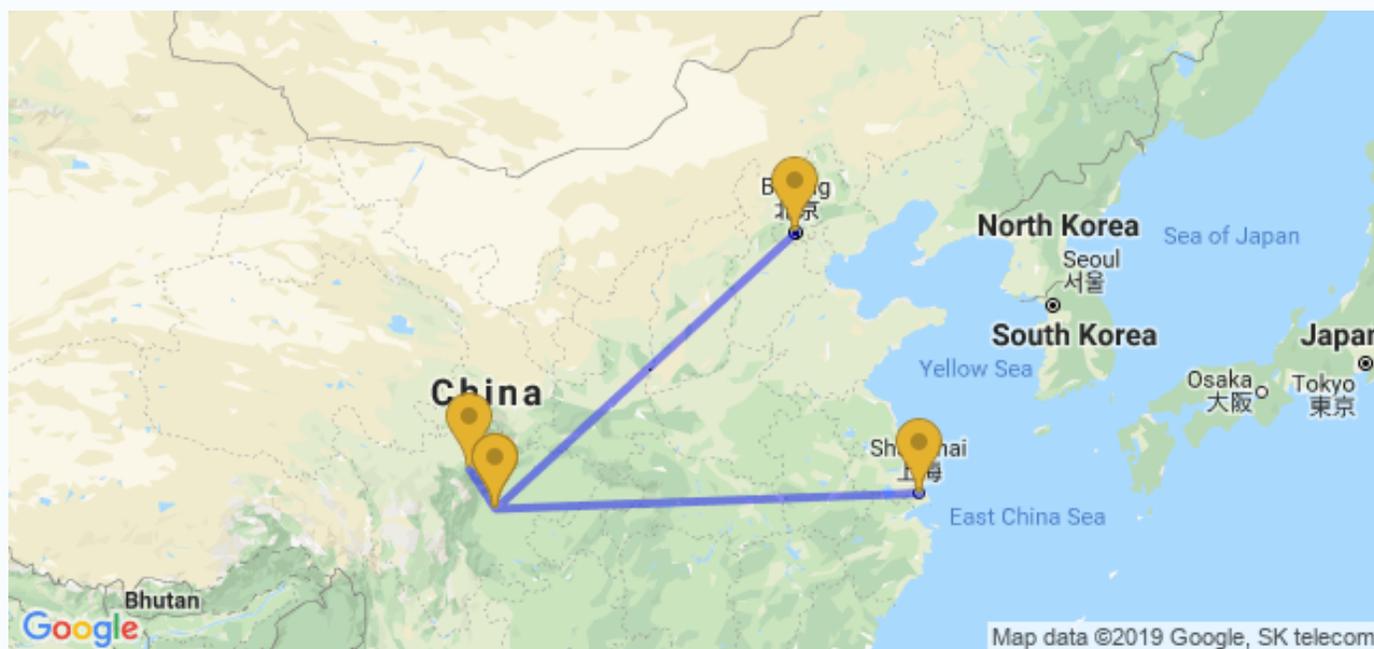
All of our trips include the following:

- Meals as mentioned in the itinerary
- 1 drink per meal
- Guides as mentioned in the itinerary
- Entrance and admission fees for all tours mentioned in the itinerary
- 24 hour emergency contact number

All of our trips exclude the following:

- Alcoholic beverages (except beer where mentioned in the itinerary)
- Tips for guides and drivers
- Any other expenses not clearly stated in the itinerary

# Day by day



**Days 1-3: Beijing Mutianyu .**

Wed, 19 Aug - Fri, 21 Aug

**Day 4: Beijing Chengdu Sichuan .**

Sat, 22 Aug

**Days 5-7: Chengdu Heishui Sichuan .**

Sun, 23 Aug - Tue, 25 Aug

**Day 8: Heishui Chengdu Beijing .**

Wed, 26 Aug

**Days 9-10: Chengdu Shanghai .**

Thu, 27 Aug - Fri, 28 Aug

**Day 11: .**

Sat, 29 Aug

# Your detailed itinerary

Day  
**1**

## Welcome to Beijing

Wed, 19 Aug

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**Beijing Airport Transfer:** Arriving in Beijing can be quite the experience, so we will do everything we can to make the transition easy. You'll be met at the hotel by one an English speaking guide who will be on hand to help you with anything you need before you make your way to the car and transfer into the city to your hotel, where you will have the chance to freshen up before continuing your adventure.

**Welcome Dinner:** Enjoy a welcome dinner where you can start to savor the many flavors of Chinese cuisine, and we'll discuss an overview of the days to come and get to know your guide a little better.

[Peninsula Hotel](#)

### Price includes:

- ✓ Dinner
  - ✓ Water (Beijing Airport Transfer)
  - ✓ English Speaking Guide (Beijing Airport Transfer)
  - ✓ Free Wifi (Peninsula Hotel)
  - ✓ Complimentary tea and coffee (Peninsula Hotel)
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Day  
**2**

## Discover Beijing

Thu, 20 Aug

**Forbidden City:** Jump into the heart of Beijing by exploring its rich history with a visit to Tiananmen Square: one of the largest city squares in the world. Tiananmen is a great place for taking photos of the front of the forbidden city, and is one of the most popular tourist destinations in all of China.



Afterwards, we will make our way across the street and enter the legendary Forbidden City. The Forbidden City is the the largest imperial palace in China and served as the throne of power for the reign of 24 emperors throughout the Ming and Qing dynasties. With a history dating back approximately 600 years, this colossal palace complex contains 980 buildings within its walls. As you make your way through the area, you will be able to appreciate the traditional Chinese palatial architecture that is exemplified all around you.

**Local Lunch:** Enjoy lunch at a Local restaurant.

**Beijing Hutong Standard:** Make your way into the Beijing Hutongs, where traditional Beijing life continues to thrive. Wandering through these little streets and alleys, will give you an insight into the traditional lifestyles of not just modern day Beijing, but the Beijing of 20 and 30 years ago.

**Local Dinner:** Enjoy dinner at a local restaurant.

[Peninsula Hotel](#)

### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Entrance fees (Forbidden City)
- ✓ Water (Forbidden City, Local Lunch, Beijing Hutong Standard, Local Dinner)
- ✓ English Speaking Guide (Forbidden City, Beijing Hutong Standard)
- ✓ First Drink Included (Local Lunch)
- ✓ Snacks (Beijing Hutong Standard)
- ✓ Soft drinks (Local Dinner)
- ✓ Free Wifi (Peninsula Hotel)
- ✓ Complimentary tea and coffee (Peninsula Hotel)

### Price excludes:

- ✗ Alcoholic Beverages (Local Lunch, Local Dinner)
- ✗ Additional Drinks (Beijing Hutong Standard)

Day  
**3**

## Walk on a Wonder

Fri, 21 Aug

### MuTianYu Great Wall:

Travel to one of the Wonders of the World: The Great Wall of China. Early in the morning, we will make our way outside the city to the Mutianyu Great Wall (round-trip cable car included). Enjoy a spectacular view of the Beijing countryside at one of the most beautiful sections of the Beijing Great Wall. As you walk on top of the wall, you can't help but marvel at the manpower required to have build such an incredible structure. First built in the 6th century AD to ward off the northern nomads and consolidated in the 14th century, the Mutianyu section was historically an important strategic pass and now stands as one of the best preserved sections of the Great Wall. We'll take the cable car to the top of the wall so that you can leisurely explore this magnificent work of humanity.



**Peking Duck Dinner:** No visit to Beijing is complete without trying one of the cities most famous dishes: The Peking Duck. This mouthwatering slow cooked duck is bound to delight your tastebuds alongside a variety of other local delicacies.

### [Peninsula Hotel](#)

#### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Entrance fees (MuTianYu Great Wall)
- ✓ Water (MuTianYu Great Wall, Peking Duck Dinner)
- ✓ Snacks (MuTianYu Great Wall)
- ✓ English Speaking Guide (MuTianYu Great Wall)
- ✓ Soft drinks (Peking Duck Dinner)
- ✓ Free Wifi (Peninsula Hotel)
- ✓ Complimentary tea and coffee (Peninsula Hotel)

#### Price excludes:

- ✗ Soft drinks (MuTianYu Great Wall)
- ✗ Alcoholic Beverages (Peking Duck Dinner)

Day  
**4**

## Journey to Chengdu

Sat, 22 Aug

### Beijing Airport Transfer:

### Fly from Beijing to Chengdu:

Journey deep into the heart of China. Far from the coasts, Chengdu has developed more slowly than Beijing and Shanghai, and has managed to retain much of it's traditional ways. Known as The Home of the Panda and The Portal to Tibet, you will instantly see that the city's personality shine.



### Local Lunch:

Enjoy lunch at a Local restaurant.

### People's Park:

Head to people's park to enjoy one of Chengdu's most interesting spots. Filled with locals that flaunt the local "laid back" lifestyle, you'll have a chance to see a large variety of activities you wander through the park seeing people dancing, singing, playing mahjong over tea, and if you're lucky you'll catch the impromptu red-carpet fashion show. Surrounded by this lively environment, you'll have a chance to sit and enjoy some traditional Chinese tea as you people watch from your comfortable bamboo seat.

### Jinli Street:

Enjoy a guided tour of Jinli street as the evening comes to a close. The beautiful combination of multi-colored lanterns and a lively atmosphere make this one of the most popular places in the city for an evening stroll. As you walk along the street, you'll have a chance to enjoy a selection of local snacks from the famous snack food market there.

### [Diao Yu Tai Hotel](#)

#### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Water (Beijing Airport Transfer, Local Lunch, People's Park, Jinli Street)
- ✓ English Speaking Guide (Beijing Airport Transfer, People's Park, Jinli Street)
- ✓ Drinks (Fly from Beijing to Chengdu)
- ✓ Snacks (Fly from Beijing to Chengdu, Jinli Street)
- ✓ Soft drinks (Local Lunch)
- ✓ Chinese Tea (People's Park)
- ✓ Free Wifi (Diao Yu Tai Hotel)
- ✓ Complimentary tea and coffee (Diao Yu Tai Hotel)

#### Price excludes:

- ✘ Alcoholic Beverages (Local Lunch)
- ✘ Additional Drinks (Local Lunch)

Day  
**5**

## Panda's and Heishui

Sun, 23 Aug

**Panda Breeding Center:** What the Great Wall is to Beijing, Pandas are to Chengdu. We begin the day by making our way to the Panda reserve to see China's treasured creatures in the morning when they are most active. Enjoy seeing these cute black and white creatures frolicking with each other before wandering to the red panda enclosure where you will be able to see this playful creature up close.



**Sichuan to Heishui:** Head into the Chinese countryside to experience a truly rural China. The 6 hour drive to Heishui is an incredible journey lined by amazing landscapes as we drive along. You'll see a variety of architectural styles as we pass different regions with different minorities. At this point, you may start getting an idea of the diversity within China. Stopping for lunch in one of these towns, you'll also have a bit of time to explore and take photos of the area before we continue to our destination.

**Local Dinner:** Enjoy dinner at a Local restaurant.

Dagu Glacier International Hotel

### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Entrance fees (Panda Breeding Center)
- ✓ Water (Panda Breeding Center, Sichuan to Heishui, Local Dinner)
- ✓ English Speaking Guide (Panda Breeding Center)
- ✓ Soft drinks (Local Dinner)

### Price excludes:

- ✘ Alcoholic Beverages (Local Dinner)
- ✘ Additional Drinks (Local Dinner)

Day  
**6**

## Into the Sky

Mon, 24 Aug

**Dagu Glacier National Park:** Explore one of China's youngest national parks: The Dagu Glacier National Park. This incredible park is not only a great example of traditions balanced with nature, but it is also a shining example of China's modernity, as it features the highest cable car in the world. Taking you to 4860 meters in altitude, you'll feel as if you are at the top of the world as you overlook this beautiful glacier and it's surrounding mountains.



Heading back down, we'll stop at a variety of sites and have the chance to explore local Tibetan villages as we wander through the park. You'll learn a little about local customs and traditions, while enjoying the natural beauty that surrounds you.

Dagu Glacier International Hotel

**Price includes:**

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Water (Dagu Glacier National Park)
- ✓ English Speaking Guide (Dagu Glacier National Park)

Day  
**7**

## Local Life

Tue, 25 Aug

**HeiShui Villages:** Make your way to small mountain villages and amazing temple complexes in the Heishui area so that you can continue to experience the local culture. As you walk amongst these mountain farms, you'll have a better sense of the local lifestyle, particularly looking at how villagers interact with the nearby cities and towns.



**Local Lunch:** Enjoy lunch at a Local restaurant.

**Heishui Temple:** Visit the recently built temple in Heishui. Locals claim it to be the largest Tibetan Temple complex outside of Lhasa, and as you wander the grounds, you will be amazed by the sense of serenity imparted by the structures as they stand surrounded by majestic peaks all around.

Dagu Glacier International Hotel

**Price includes:**

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Water (HeiShui Villages, Local Lunch, Heishui Temple)
- ✓ English Speaking Guide (HeiShui Villages, Heishui Temple)
- ✓ Soft drinks (Local Lunch)

**Price excludes:**

- ✗ Alcoholic Beverages (Local Lunch)
- ✗ Additional Drinks (Local Lunch)

Day  
**8**

## Return to Chengdu

Wed, 26 Aug

**Heishui to Chengdu:** After having experienced the beauty of Heishui, we depart and head back towards the city of Chengdu to experience more of the laid back lifestyle there. On the way back, you'll see many of the same views, and we will enjoy lunch at a local restaurant.

**Chengdu Hotpot Dinner:** An adventure in food! Today's dinner offers you an exciting experience renowned all throughout China: The Sichuan Hotpot. Although traditionally spicy, you can also get it mild or mixed with different types of "pots". You'll have a blast cooking your own food (with your guide's help, of course) as you experience the favorite meal of the Chengdunese.

**The Sichuan Opera:** This evening you will enjoy one of Chengdu's most unique forms of art: the Sichuan Opera. A variety show filled with different kinds of acts ranging from traditional music, acrobatics, fire breathing, and the world famous "Changing Faces", this show is sure to amaze you as you as you further explore Sichuanese culture.



[Diao Yu Tai Hotel](#)

**Price includes:**

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Water (Heishui to Chengdu, Chengdu Hotpot Dinner, The Sichuan Opera)
- ✓ English Speaking Guide (Chengdu Hotpot Dinner)
- ✓ Soft drinks (Chengdu Hotpot Dinner)
- ✓ Free Wifi (Diao Yu Tai Hotel)
- ✓ Complimentary tea and coffee (Diao Yu Tai Hotel)

**Price excludes:**

✘ Alcoholic Beverages (Chengdu Hotpot Dinner)

Day  
9

## Fly to Shanghai

Thu, 27 Aug

**Fly from Chengdu to Shanghai:** Make your way to China's financial capital. Making your way into the city, you will immediately get a sense of the vastness of Shanghai, and its continual growth as you see the awe inspiring sky scrapers that line the sky line.

**Local Lunch:** Enjoy lunch at a Local restaurant.

**Yu Gardens:** Explore the traditional areas of Shanghai with a visit to the Yu Gardens, an exquisite example of traditional Chinese landscaping. Learn the history of the gardens and take some time to wander through the traditional styled shops that surround the gardens.



**Local Dinner:** Enjoy dinner at a local restaurant.

**Acrobatic Show:** Enjoy a traditional Chinese acrobatics show, where you will be marveled by the dexterity and strength of the performers.

### Westin, The Bund

#### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Drinks (Fly from Chengdu to Shanghai)
- ✓ Snacks (Fly from Chengdu to Shanghai)
- ✓ Water (Local Lunch, Yu Gardens, Local Dinner, Acrobatic Show, Westin, The Bund)
- ✓ Soft drinks (Local Lunch, Local Dinner)
- ✓ English Speaking Guide (Yu Gardens)
- ✓ Free Wifi (Westin, The Bund)
- ✓ Complimentary tea and coffee (Westin, The Bund)

#### Price excludes:

- ✘ Alcoholic Beverages (Local Lunch, Local Dinner)
- ✘ Additional Drinks (Local Lunch)

Day  
**10**

## The Faces of Shanghai

Fri, 28 Aug

**The French Concession:** Enjoy a walking tour of the French Concession, a neighborhood that exemplifies Shanghai's diverse growth and its colonial past. As you wander the semi-European styled streets, you'll have a clear view into Shanghai's past. This window to a life that is disappearing will help give you insight into the lives of the local people, as well as providing some amazing historical perspective of a China that few people think of.



**Local Lunch:** Enjoy lunch at a Local restaurant.

**Shanghai World Financial Center:** Head to the home of the giants and the financial heart of Shanghai, Pudong, where you will stand amongst an amazing array of skyscrapers, so that you can experience amazing views from the 100th floor of the Shanghai World Financial Center. Looking down at the sprawling city of Shanghai as you walk through a unique, glass bottomed observation deck (the glass areas are easily avoidable for those who are nervous about those things) for a truly an unforgettable experience.

**The Bund:** We make our way to The Bund and it's incredible views of Shanghai's financial district. This iconic view of Shanghai is not to be missed and experienced, as the future quite literally faces the past on each side of the river.

### Farewell Dinner

[Westin, The Bund](#)

#### Price includes:

- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Water (The French Concession, Local Lunch, The Bund, Farewell Dinner, Westin, The Bund)
- ✓ English Speaking Guide (The French Concession, The Bund)
- ✓ Soft drinks (Local Lunch, Farewell Dinner)
- ✓ Beer (Farewell Dinner)
- ✓ Free Wifi (Westin, The Bund)
- ✓ Complimentary tea and coffee (Westin, The Bund)

#### Price excludes:

- ✗ Alcoholic Beverages (Local Lunch)
- ✗ Additional Drinks (Local Lunch)

Day  
11

## Farewell China

Sat, 29 Aug

**Airport Departure Transfer:** The time has come for your journey with us to end. After checking out of your hotel, you'll be transferred to the airport for your journey to your next destination or back home. We hope you have had a wonderful experience in China, and we hope to see you again!



### Price includes:

- ✓ Breakfast
- ✓ English Speaking Guide (Airport Departure Transfer)

# Accommodations

## Peninsula Hotel on days 1, 2 & 3



Experience some of the best accommodation in Beijing at the luxurious Peninsula Hotel. Conveniently located in the heart of the city, this hotel offers comfort and style like no other.

## Diao Yu Tai Hotel on days 4 & 8



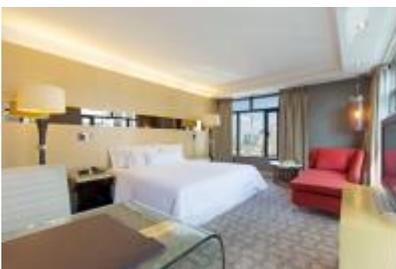
Located in the classically designed KuanZhai Alley, this boutique hotel offers 5 star standards with a traditional Chinese feeling. The local streets outside offer some of the best snacks and sights the city has to offer.

## Dagu Glacier International Hotel on days 5, 6 & 7



Placed at the mouth of the Dagu National Park, you'll rise and shine to spectacular mountain views of the Chinese countryside. This hotel is the best in the area, and offers convenience in a rural environment.

## Westin, The Bund on days 9 & 10



This 5 Star Hotel is the definition of Luxury in Shanghai. Conveniently located in the Bund area and within easy walking distance of some of the most spectacular views in Shanghai.

# \$2,840.00

Price per person for a group of 6 people

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## Additional Information

### Why Us?

Travel with Dan dedicates itself to supporting sustainable tourism. Specializing in experiential travel, we strive to provide you the most enjoyable and memorable experiences while you travel with us, while at the same time supporting the local communities that you interact with while on your journey. We support a number of community service projects around the world at our various destinations and are always striving to expand our sustainability efforts globally.



Traveling with us, you'll have peace of mind knowing that our local experts are as committed to our efforts as we are, and that you are in the best of hands.

### Whats Next

Now that you've had a chance to look at your suggested itinerary, let us know what you love or don't love about it. We can then customize and tailor it to fit your preferences. If you already think it's perfect, let us know and we'll start making reservations and walking you through the next steps towards booking it. Either way, we look forward to hearing back from you! Just send an email to [dan@trip.me](mailto:dan@trip.me), call us at +49 30208980010, or add us on Skype at "tourbuidr.support".

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